Plasma Kallikrein-like activity
Determination of kallikrein-like activity in plasma with a chromogenic Substrate

Measurement Principle
The plasma kallikrein-like activity catalyses the splitting of p-nitroaniline (pNA) from the substrate H-D-Pro-Phe-Arg-pNA. The rate at which the pNA is released is measured photometrically at 405 nm. This can conveniently be read after stopping the reaction with acetic acid (acid stopped method). The activity measured is mainly the kallikrein-a2-macroglobulin complex.

\[
\text{H-D-Pro-Phe-Arg-pNA + H}_2\text{O} \rightarrow \text{H-D-Pro-Phe-Arg-OH + pNA}
\]

Reagents
1. Chromogenic substrate e.g. CS-31(02), 25 mg Art. No. 229031
   Reconstitute the substrate with 20 ml of distilled water.
2. Tris-NaCl Buffer 0.05M, pH 7.5 Art. No. AR004A
3. Acetic acid, 20% or citric acid 2%

Specimen collection
Blood (9 vol) is mixed with 0.1 mol/l sodium citrate (1 vol) and centrifuged at 2000 x g for 20 minutes at 15-25°C. In order to avoid low-temperature activation of prekallikrein the plasma should be kept at 15-25°C for not more than a few hours or immediately frozen at -20°C or below. After thawing at 37°C the plasma should be kept at 15 to 25°C and used as soon as possible. Frozen plasma may lose some kallikrein-like activity on freezing or thawing, but is stable for several months at -20°C or below.

Method

<table>
<thead>
<tr>
<th>Sample dilution</th>
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</thead>
<tbody>
<tr>
<td>Buffer</td>
<td>1000 µl</td>
</tr>
<tr>
<td>Test plasma</td>
<td>100 µl</td>
</tr>
<tr>
<td>Mix</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Acid stopped method</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Diluted sample</td>
<td>200 µl</td>
</tr>
<tr>
<td>Incubate at 37°C</td>
<td>3-4 min</td>
</tr>
<tr>
<td>Substrate (37°C)</td>
<td>200 µl</td>
</tr>
<tr>
<td>Mix and incubate at 37°C</td>
<td>10 min</td>
</tr>
<tr>
<td>Acetic acid 20% or citric acid 2%</td>
<td>200 µl</td>
</tr>
<tr>
<td>Mix</td>
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</table>

Plasma blanks are prepared by adding the reagents in reverse order without incubation. Read the absorbance (A) of the sample against its blank in a photometer at 405 nm. The colour is stable for at least 4 hours.

Calculation
Plasma kallikrein-like activity in enzyme activity units using CS-31(02):
\[
\mu\text{kat/l} = A \times 5.73
\]
\[
\text{U/l} = A \times 344
\]

Notes:
1. The substrate is also sensitive to plasmin. By testing with 2 mmol/l CS-41(03) it is possible to check whether plasmin is present in the sample. The substrate CS-41(03) is not sensitive to kallikrein.
2. If the method is to be used for subtraction of blank activities in the prekallikrein assay, it may be preferable to dilute the plasma as indicated for that assay.
Bibliography